



Making a difference

At Helping Hand Aged Care your happiness and wellbeing is paramount to us. We encourage residents to furnish their room with personal effects and furniture from their previous home to ensure comfort and familiarity with their environment.

We also provide a number of services to make living at Helping Hand a lifestyle choice.

Other services provided include:

- Home cooked meals - prepared on site by Helping Hand's own chef
- Hairdresser on site
- Library and Internet access
- Craft table and a variety of lifestyle programs (social/leisure activities)
- Family friendly environment
- Large landscaped grounds with areas for residents to garden
- Chapel with Interdenominational church services
- Provisions for telephone, television, personal computers and bar fridge

Helping Hand Aged Care is a leading aged care provider that is known for an innovative range of services, including ageing in place.

Our caring staff ensure all residents receive individualised care and services to make living at Helping Hand a positive lifestyle choice.



Shackleton Avenue
Ingle Farm SA 5098

Telephone (08) 8397 8200

Facsimile (08) 8396 2707

For enquiries or further information please contact the Admissions Coordinator

1300 653 600

www.helpinghand.org.au

Entry into Helping Hand Aged Care requires approval by the Commonwealth Aged Care Assessment Team (ACAT).

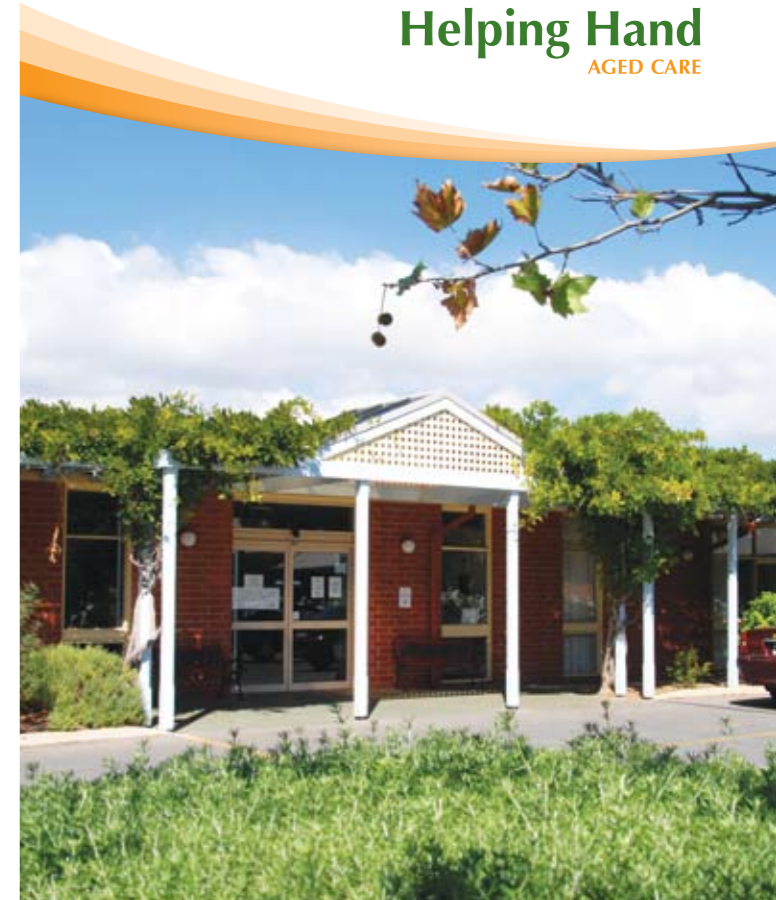
For further details on gaining an ACAT assessment, please contact Commonwealth Carelink on 1800 052 222 or speak to your GP.



Helping Hand
AGED CARE



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**INGLE FARM
RESIDENTIAL**

www.helpinghand.org.au

A Tradition of Service

Helping Hand Aged Care has been providing high quality aged care services since 1953.

The Ingle Farm residential site was opened in 1995 and was the first purpose built aged care facility in Australia with 'ageing in place'.

Ingle Farm caters for 102 residents - providing both high and low care needs, as well as a secure unit catering for dementia and other challenging behaviours.

The facility is set on 3.9ha and boasts beautiful landscaped gardens and courtyards.



Residential Services

At Helping Hand Aged Care we encourage independence in maintaining daily living skills, however as increased help is required, our staff will tailor services specific to your needs.

Healthy ageing is supported by:

- 24 hour nursing and personal care
 - Assistance with personal hygiene
 - Medical practitioner of your own choice
 - Therapy services including: Podiatry, Physiotherapy and Occupational Therapy
- Note - These services will depend on the individual's assessed needs.*
- Laundry and linen services
 - Room cleaning
 - Diversional therapy
 - Spiritual support



Dementia Specific Secure Unit

Helping Hand Ingle Farm has a secure dementia specific care unit supporting residents with both high and low care needs.

Max Marshall Community Centre

The Max Marshall Community Centre aims to provide a welcoming, supportive and fun environment with a range of social, physical, spiritual and mental activities for residents, community and clients.

Healthy ageing is supported by social activities including:

- Craft
- Concerts
- Lunch at Max's (a restaurant style lunch with visitors from the community)
- Variety of table games
- Happy hour
- Guest speakers
- Carpet bowls
- Silver screen (films)

Max's Cafe

Max's cafe provides a welcoming place to share a home cooked meal or coffee with friends or family from Monday through Friday.

