

## Home Care

### *Private Services*

Our private home care program enables you to buy a range of care and support services to assist you in maintaining your wellbeing at home. These services are flexible in nature, and can range from a one-off minimum service of 45 minutes, through to providing ongoing support. They are tailored to your needs.

#### What support may be offered?

- / Cleaning
- / Laundry/ironing
- / Assistance with meal preparation
- / Showering and dressing
- / Transport to shopping and appointments
- / Gardening
- / Social support
- / Respite care

#### How will private services help me?

You can use this service exclusively to meet your needs, or to top up any existing support that you receive, for example through a Government package of care.

Services are delivered by professional staff who will respect your rights and choices and help you maintain your personal wellbeing. You can change any aspect of your service whenever you choose.

We will contact you within 24 hours of your initial enquiry to arrange a convenient time to come out and see you. During this appointment we will talk about services available and costs, and will complete an initial assessment of your needs.

#### Am I eligible to use the services?

There are no eligibility or referral requirements for this service. You can purchase whatever type and quantity of services that you choose.

This service is available in metropolitan Adelaide and the Mid North, Lower North, Yorke Peninsula, Barossa Valley and Eyre Peninsula regions of South Australia.

#### What does it cost?

Hourly fees apply for this service, and they are reviewed regularly. Any fees will be discussed with you prior to you receiving services.

#### Contact details

If you would like more information, please contact our community services team:

Phone: 1300 444 663

Metro team email: MetroCommunityAdmin@helpinghand.org.au

Rural team email: CCHHubAdministration@helpinghand.org.au

