



Helping Hand  
*new aged care*

# Retirement Living



Retirement living is an investment in your lifestyle. Offering flexibility and choice, take away the daily burden of maintenance and live independently in a community.

Enjoy your retirement within comfortable surrounds.

## The decision to move into retirement living




It is a big decision to move out of the family home and into something more manageable. When it is the right time you'll know, and the benefits can be great.

- / More free time to do the things you enjoy
- / No longer need to tend to home and garden maintenance (however you can if you choose)
- / No more juggling the timing of payment of water bills, council rates, and building insurance
- / Benefit of a 24-hour emergency maintenance service available to you
- / Living in a friendly community atmosphere while also being able to maintain your privacy and independence
- / We're pet friendly.





## Locations

Helping Hand's retirement living units are located across Adelaide and regional South Australia.

### Adelaide:

 Location	 Address	 Bedrooms	 Unit Type
Belair	25 Sheoak Road, Belair	1-2	RFU, ECU and Rental
North Adelaide	Childers Street and Buxton Street	2-3	RFU
Prospect	3 Bosanquet Avenue	2	RFU

### Regional South Australia:

 Location	 Address	 Bedrooms	 Unit Type
Clare, Essington Mews	2-6 Essington Avenue	1-2 + Study	RFU
Clare, Ngadjuri Lodge	18 Burton Street	1-2	ECU and Rental
Jamestown	7 Dunure Terrace	2	RFU
Port Pirie	128 Kingston Road	1	ECU and Rental





## Unit types and fee options

There are three fee options available for Retirement Living with Helping Hand.

### Resident Funded Units (RFU)

Resident funded units are allocated at market value. You enter into a lease/licence agreement that provides you with a licence to reside in the unit. When you leave your unit, you are repaid within 30 days. Your repayment is based on the value determined by a licensed valuer less the amount retained by Helping Hand as per the resident agreement.

### Entry Contribution Units (ECU)

A number of our retirement units simply require you to pay a one-off entry contribution. This fee varies depending on the unit and location. The payment of an affordable entry fee means that you have the right to occupy the unit for life, or until you choose to leave. A refundable portion is repaid within the first four years only.

### Rental Units (RU) (Affordable Housing)

Rental units are income assessed and allocated to those most in need. All residents pay weekly rent (debited monthly), which covers services offered by the village, with the exception of general household expenses such as telephone, electricity and contents insurance.

### Recurrent Fees

While living in one of our Retirement Living Units, we will take care of the maintenance for you. You pay a recurrent fee, debited monthly, which covers the following:

- / Repairs and maintenance of your unit – mechanical, electrical, plumbing, and pest control
- / Gardening in common areas including front gardens and clearing of pathways
- / Communal electricity and gas costs
- / Access to 24/7 emergency maintenance
- / SA Water charges
- / Council rates
- / Emergency Services Levy
- / Cleaning of common areas
- / Helping Hand staff and administration costs

### Your Responsibilities

As a resident in a Helping Hand retirement living unit, you are required to cover the costs of expenses in your home which may include electricity, phone, internet, contents insurance and/or gas.

Helping Hand is a proudly South Australian not-for profit organisation providing Aged Care services for over 60 years across the state.

## Assistance to remain independent in your retirement unit

At Helping Hand, we understand the importance of being able to do what you love in your own home. We offer a range of care options to support you to remain at home across metropolitan Adelaide and regional South Australia.

You may be eligible for assistance through the Commonwealth Home Support Program, or a Home Care Package. A range of home support services may be provided under these programs, including but not limited to the following:

- / Bathing and dressing
- / House cleaning, laundry and ironing
- / Gardening, grocery shopping and local transport
- / Health supplies and clinical care (medication and wound care)
- / Helping you get back on your feet after a hospital stay

If you would like extra assistance to maintain independence while residing in your Helping Hand retirement living unit, or if you feel the time is right for residential care, please call our friendly staff on 1300 653 600.



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T 1300 653 600

[www.helpinghand.org.au](http://www.helpinghand.org.au)

## The Next Step

We'd appreciate the opportunity to talk to you about our Retirement Living Units and answer any questions you may have.

To start the conversation, call our friendly staff on 1300 653 600.

