## There To Care AVVARDS

Celebrating excellence, respect, compassion, and community.





## Jocelyn

Residential Care Worker Golden Grove Residential Care Home

2025 First Quarter Award Recipient

Jocelyn has been recognised with the Quarterly There to Care Award for the outstanding compassion and care she brings to her role every day.

Jocelyn's journey into aged care wasn't something she planned. Originally from the Philippines, she worked as a catering and wedding coordinator before moving to Adelaide in 2015. After starting a family, she made the decision to retrain, completing an 18-week online aged care course while caring for her young son.

"I love to care; I was born to care," Jocelyn says. "People told me aged care was perfect for me. I needed flexibility and wanted something meaningful—I'm so glad I followed that path."

Starting with a placement at Helping Hand, Jocelyn soon moved into casual shifts and then a permanent position in the Memory Support Unit, where she found her true calling.

"There's nothing more rewarding. The most important thing is building connections—I sit with residents, listen, make them laugh. I feel like I've become part of their family."

Whether it's helping calm a resident through quiet patience, sharing a dance, or supporting a family during end-of-life care, Jocelyn's kindness shines through. One memory that stands out for her is acting as a makeshift celebrant to help a resident and his wife renew their vows—a moment she'll never forget. After the resident passed away, Jocelyn was invited to the funeral and was moved to be acknowledged for helping fulfil the couple's final wish.

Her colleagues praise her calm, professional approach and unwavering empathy, qualities that make a real difference in the daily lives of residents.

"I was shocked I got the award," Jocelyn says. "But I don't take all the credit. I've been told I care too much—but I couldn't do this without my team."

