

There To Care AWARDS

*Celebrating excellence, respect,
compassion, and community.*



Adriana

Residential Care Worker
Golden Grove Residential Care Home

2025 Third Quarter Award Recipient

Upholding the values of Helping Hand every day, dedicated and compassionate Care Worker, Adriana, is recognised in the *There to Care Awards* for providing excellence in care.

Since joining Helping Hand 18 months ago, Adriana has poured her heart into the role which she says goes far beyond just caring for residents' daily needs. It's also the empathy and emotional support she provides and beautiful connections she builds that gives her job purpose.

"I've always done my work with heart and passion," she says.

"It's very rewarding and fulfilling for me. I'm contributing to making their life easier and happier, and that feels amazing.

"My role is to also provide emotional support for the residents. One resident in particular is dealing with both loss and memory issues. On days she forgets her husband has passed, I simply sit with her, and make sure she feels supported. She is so grateful for that."

Adriana was juggling study and work as a cleaner when she arrived in Australia from Colombia in 2017. However, it wasn't until studying a Certificate IV in Ageing Support that she knew this was the career path for her.

So, when Adriana received news of the award win, she was genuinely surprised, but it cemented her certainty that this was her true vocation in life.

"I consider myself quite shy, but it felt good to be acknowledged by colleagues, and residents. I'm grateful, and humbled."

Thanks, Adriana, for being there to care.

There To Care Awards focus on celebrating our values of excellence, respect, compassion and community, helping us to celebrate the amazing work our people do every day.