

There To Care AWARDS

*Celebrating excellence, respect,
compassion, and community.*



Erin

Exercise Physiologist
Allied Health Home Care Services

2025 Third Quarter Award Recipient

Helping Hand congratulates Exercise Physiologist, Erin on her recent There to Care Award that recognises her compassion and excellence in care.

With nearly a decade of experience in her field, Erin made the transition into aged care five years ago and has never looked back.

Erin says she gains great satisfaction working closely with clients; actively listening to their goals, educating them about their health conditions, and in collaboration with them creating personalised care plans to help them achieve their goals.

Her compassion was highlighted in the award nomination submitted by a home care client, where she played a significant role in saving a life.

"One client had a history of heart disease. He was someone who was independent and loved gardening. Through our appointments, I was tracking his blood pressure, and I noticed a trend, so I encouraged him to talk with his doctor. He listened to the advice I gave him, and that resulted in him seeing a cardiologist quite quickly, and then having a procedure.

"It was a successful scenario where we provided education and encouragement which enabled him to take ownership of his health."

The news of her award win came as a wonderful surprise to Erin, especially learning about it on her day off.

"I was very surprised and shocked, but it's nice to be acknowledged for the hard work we do put in," she says.

Thanks, Erin, for being there to care.

There To Care Awards focus on celebrating our values of excellence, respect, compassion and community, helping us to celebrate the amazing work our people do every day.



Helping Hand