

# There To Care AWARDS

*Celebrating excellence, respect,  
compassion, and community.*



## *Jyoti*

Residential Care Worker, Golden Grove;  
and Chef, Lightsview Care Home

*2025 Third Quarter Award Recipient*

Helping Hand congratulates Care Worker Jyoti for her genuine care, true kindness and the constant comfort she displays in her role.

Jyoti joined Helping Hand four years ago, having moved from India in 2018. She has wholeheartedly dedicated herself to the organisation; first serving as a Hotel Services Assistant for almost three years, and now works as a Care Worker at Golden Grove and a Chef at Lightsview.

"Cooking is my passion. It's funny because I never cooked back home and my mum didn't believe that I would be a chef here," Jyoti laughs.

"And now also as a carer, I give the best care that I can to residents. I don't see it as simply looking after them as individuals. They are part of my family, and I feel like I am looking after my family."

Jyoti's passion for caring stems from her upbringing in India - nurturing and attending to her grandfather who had an injury.

"That's why I started this job – to care for all the residents. I often think of my grandfather – I miss him and sometimes get emotional – but when I'm at work, I feel supported by an incredible team and proud to be able to provide the same care and compassion for the residents."

When Jyoti found out about her Quarter 3 award win, she was in disbelief however appreciative of the honour.

"I always come home with a smile; I think about the highlights of my day and it's always the residents."

Thanks, Jyoti, for being there to care.

**There To Care Awards focus on celebrating our values of excellence, respect, compassion and community, helping us to celebrate the amazing work our people do every day.**



**Helping Hand**