

There To Care AWARDS

*Celebrating excellence, respect,
compassion, and community.*



Sapana

Clinical Nurse RAD
Parafield Gardens Residential Care Home

2025 Fourth Quarter Award Recipient

Congratulations to Clinical Nurse, Resident Assessment and Documentation (CNRAD) Sapana for demonstrating the values of compassion, respect and excellence in everything she does, which has led to her recognition in the *There to Care Awards*.

Sapana consistently goes above and beyond, playing a vital part in ensuring that new admissions are handled smoothly and with empathy. Her ability to communicate compassionately with families during what can often be an emotional and stressful time is truly commendable.

"I welcome new residents moving into aged care, which is a challenging time. They are grieving the loss of independence, and I get the opportunity to help them with that transition," she says.

"They need someone to listen, so I help personalise their care plan, and that really helps to develop trust. They feel they have a person they can connect to and are safe and secure to open up."

Caring has been in Sapana's nature for as long as she can remember, wanting to pursue a nursing career when she was back home in Nepal.

"I used to care for my grandparents, my grandfather was bedbound and cared for him."

While she prefers not to be in the spotlight, she says she felt honoured by the win.

"I like doing things quietly, I don't seek recognition, but the win meant a lot to me," she says.

"It made me feel inspired and motivated to provide better care. I'm always looking to maximise the quality of life for residents here."

Thanks, Sapana, for being there to care.

There To Care Awards focus on celebrating our values of excellence, respect, compassion and community, helping us to celebrate the amazing work our people do every day.