

There To Care AWARDS

Celebrating excellence, respect, compassion, and community.



Zahra

Clinical Nurse
Parafield Gardens Residential Care Home

2025 Fourth Quarter Award Recipient

Leading with compassion, respect and excellence, Clinical Nurse Zahra has been deservedly recognised in the recent *There to Care Awards*.

Whether is it supporting staff during challenging shifts, overseeing students, offering guidance or ensuring residents receive the highest standard of care, Zahra does it all with a positive attitude and genuine kindness.

"Nursing is my passion, and I love making a significant impact or difference to someone's health, because health is wealth," Zahra, who has worked at Helping Hand for four years, says.

"And it is such an opportunity to be involved when the residents need you, it is such an honour."

While Zahra says there are many highlights to her role, nurturing beautiful connections with residents, and their families, stand out most.

"It's like you are caring for your own family, you become protective of the residents. You also build a relationship with the family as well, and even become a support when a resident passes away," she says.

"My goals are to ensure our residents have a quality of life along with maintaining the safety of staff and residents."

Zahra says she wasn't anticipating nor expecting the Quarter 4 award win, however, was moved by the recognition.

"Every day we are thankful for our staff and what they do, it's nice to be recognised."

Thanks, Zahra, for being there to care.

There To Care Awards focus on celebrating our values of excellence, respect, compassion and community, helping us to celebrate the amazing work our people do every day.