



Are you thinking about accessing Aged Care Services?

1. Call **My Aged Care** on 1800 200 422 or visit their website www.myagedcare.gov.au and arrange for an Aged Care Assessment. You will need your Medicare number and concession card.
2. Advise My Aged Care that your preferred provider is **Helping Hand**.
3. Following the assessment, My Aged Care will let you know the care you are eligible to receive and will give you a referral code (or an allocation code if approved for a Home Care Package).
4. Contact Helping Hand on **1300 653 600** for more information, to discuss the costs and to start accessing your services.

1300 653 600

www.helpinghand.org.au



Helping Hand
new aged care