

Care at Home Services

Commonwealth Home Support Programme



Domestic



Gardening



Transport Assistance



Home Modifications



Allied Health



Personal Care



Respite



Social Support



Food Preparation

The Commonwealth Home Support Programme provides basic support to assist you in remaining independent at home.

From \$10 an hour, you can access the services you need to give you the confidence and freedom to live the life you choose.

Our skilled and friendly staff will deliver services that are designed in partnership with you and your family, and that are available across metropolitan Adelaide and rural South Australia.

An assessment from My Aged Care is needed to access these services, contact us to find out more about starting Commonwealth Home Support Programme services.

Phone: 1300 444 663

Email: mcsclientsupport@helpinghand.org.au

www.helpinghand.org.au



Helping Hand
new aged care