



## POSITION STATEMENT Personal Enrichment



Helping Hand

[www.helpinghand.org.au](http://www.helpinghand.org.au)

Helping Hand strives to support not only the physical and practical needs of individuals but the areas of their life which touch people most deeply, including spiritual wellbeing. We recognise that personal enrichment has a number of different meanings to each and every one of us. To focus our work in this area and achieve quality of life for our clients and residents, the Board has endorsed the following Position Statement on Personal Enrichment.

*Our concept of personal enrichment encompasses those matters that are relevant to the meaning people give to their lives, especially as they age and, ultimately, reach the end of life. These matters include but are not limited to the religious and/or philosophical beliefs held, their relationships with places, passions and causes; with themselves and/or significant others; and with groups and communities.*

To develop this Position Statement into action involves achieving three interconnected goals:

1. To create in all staff a sense of responsiveness to the personal enrichment needs of our clients and residents.
2. To create service responses and environments where we hear from people, at the first point of contact and subsequently in all our interactions with them, about those intangible elements of their lives (places; passions; causes; religious beliefs; significant others, groups and communities) which add meaning to their lives.
3. To support our clients and residents in maintaining their connection with these elements of their lives.