

Care at Home Services

Community Respite



Respite



Group Activities



Personal Care



Dementia Support



Social Outings



Food Preparation

Being a carer is hard work. We know how difficult it can be to get a break, so our skilled staff are on hand to step in and support you.

In your home: a one-on-one service where a trained staff member will look after your loved one during the day.

In the community: your loved one can be taken on an outing in the community, with one-on-one support. A strong focus is placed on developing activities for those with memory loss.

In our respite cottages: our two community respite cottages – in Woodville and Elizabeth South – provide day and overnight respite in a group environment.

An assessment from My Aged Care is needed to access respite, contact us to find out more about starting respite services.

Phone: 1300 444 663

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www.helpinghand.org.au



Helping Hand
new aged care