

Care at Home Services

Home Care Packages



Domestic



Gardening



Transport Assistance



Nursing



Home Maintenance



Shopping Assistance



Home Modifications



Allied Health



Personal Care



Respite



Social Support



Food Preparation

Home Care Packages provide support with a range of care needs that will assist you to remain independent at home. Packages range from Level One (low level support) to Level Four (high level support). An ACAT assessor will work out which level is appropriate to meet your care needs.

Our skilled and friendly staff will deliver services that:

- / are designed in partnership with you and your family,
- / are available across metropolitan Adelaide and rural South Australia, and
- / give you the confidence and freedom to live the life you choose.

An assessment from My Aged Care is needed to access these services.

Contact us to find out more about starting a Home Care Package.

Phone: 1300 653 600

Email: mcsclientsupport@helpinghand.org.au

www.helpinghand.org.au



Helping Hand
new aged care