

Care at Home Services

Community Respite



Respite



Group Activities



Personal Care



Dementia Support



Social Outings



Food Preparation

Being a carer is hard work. We know how difficult it can be to get a break, so our skilled staff are on hand to step in and support you.

In your home

A one-on-one service where a trained staff member will look after your loved one during the day.

In the community

Your loved one can be taken on an outing in the community, with one-on-one support.

A strong focus is placed on developing activities for those with memory loss.

In our respite cottage

Our community respite cottage in Elizabeth South provides day and overnight respite, in a group environment.

An assessment from My Aged Care is needed to access respite.

Contact us to find out more about starting respite services.

Phone: 1300 653 600

Email: mcsclientsupport@helpinghand.org.au

www.helpinghand.org.au



Helping Hand
new aged care