

# Care at Home Services

## *Transition Care Program*



**Domestic**



**Nursing**



**Transport Assistance**



**Home Modifications**



**Allied Health**



**Personal Care**



**Respite**



**Fitness Education**



**Food Preparation**

The Transition Care Program provides short term support designed to assist you in regaining independence after a hospital stay.

It involves a short term intensive rehabilitation program that may include spending time in one of our residential care homes as you regain health and independence.

Our skilled and friendly staff will deliver services that are designed in partnership with you and your family, and that are available across metropolitan Adelaide.

An assessment from My Aged Care while you are a hospital inpatient is needed to access these services.

Talk to your hospital social workers to arrange for assessment and referral to the Transition Care Program for services.

**Phone: 1300 653 600**

**Email: [mcsclientsupport@helpinghand.org.au](mailto:mcsclientsupport@helpinghand.org.au)**

**[www.helpinghand.org.au](http://www.helpinghand.org.au)**



**Helping Hand**  
*new aged care*