

# Care at Home Services

## *Transition Care Program*



Domestic



Nursing



Transport  
Assistance



Allied  
Health



Personal  
Care



Respite



Fitness  
Education



Food  
Preparation

The Transition Care Program provides short term support designed to assist you in regaining independence after a hospital stay.

It involves a short term intensive rehabilitation program that may include spending time in a residential care homes as you regain health and independence.

Our skilled and friendly staff will deliver services that are designed in partnership with you and your family, and that are available across metropolitan Adelaide.

An assessment from My Aged Care while you are a hospital inpatient is needed to access these services.

Talk to your hospital social workers to arrange for assessment and referral to the Transition Care Program for services.

Phone: 1300 653 600

Email: [mcsclientsupport@helpinghand.org.au](mailto:mcsclientsupport@helpinghand.org.au)

[www.helpinghand.org.au](http://www.helpinghand.org.au)



**Helping Hand**  
*new aged care*