# Partners in Care

*Helping Hand has introduced the Partners in Care program to support the wellbeing of residents throughout the COVID-19 pandemic. The Partners in Care program applies when a care home is in lockdown, and provides the opportunity for visits for residents to continue, in special circumstances. Please contact the Residential Services Manager if you would like to discuss how you can be part of the Partners in Care program.*

This person-centred approach recognises an existing relationship and establishes an agreement between the resident, a Partner in Care, and the residential aged care home. Where a resident chooses to have a Partner in Care, that person may be involved in the delivery of services to, and the day-to-day care of, a resident.

## Partner in Care

A Partner in Care is a person who has a close and continuing relationship with the resident, such as a family member, loved one, friend or representative. They frequently and regularly visit a person living or staying in a residential aged care home to provide aspects of regular routine care and companionship to that person. It is not a casual visitor, or visitor not providing an aspect of care, or visitor who the consumer does not want to have assisting with their care.

## Requirements

Partners in Care will be supported to continue to provide care and services on a daily basis to support the emotional, physical and psychological wellbeing of a resident during a period of imposed visitor restrictions or site lockdown.

Partners in Care can assist with:
/ personal care
/ physical activity and exercise
/ grooming
/ massage
/ assistance with meals
/ leisure activities e.g. reading, music
/ access to and supervision in outdoor spaces or the community
/ companionship, conversation and social engagement
/ meaningful support when care recipients are nearing the end of their life
/ culturally specific and individually appropriate support
/ other activities that the Partner in Care would normally undertake
    as part of their regular visits.

Helping Hand
*new aged care*