

# Safe and Inclusive Care for Forgotten Australians and other Trauma Survivors



*Forgotten Australians come from a background of complex childhood trauma and have significant barriers to accessing appropriate care.*

*Targeted training, resources and co-design projects, when effectively implemented, can improve social care and access to services for older people from a background of complex trauma - like Forgotten Australians.*

*With an ageing population, appropriate aged care services to support older people who have experienced trauma, is crucial.*

The Real Care the Second Time Around Project provides a free workshop to aged care and health care staff, to provide them with the knowledge and tools to make aged care accessible and safe for older trauma survivors.

## **Workshop: Safe and inclusive Care for Forgotten Australians and other Trauma Survivors** *(one hour)*

- Introduction to the barriers to care that face Forgotten Australians
- How to achieve safe and inclusive aged care for older people from a similar background
- Introduction to training and companion resources to support the development of a trauma-informed care approach



*Scan the QR code to learn more about Forgotten Australians and trauma informed care, or visit [www.helpinghand.org.au/forgotten-australians](http://www.helpinghand.org.au/forgotten-australians)*



## *Hear from some people who have completed the workshop*

*“COTA Tasmania has had recent experience with your work. My Aged Care System Navigator colleagues attended your online presentation and rated your presentation very highly. They circulated the slides to the entire team – commending them to us. I viewed the same early last week (and the short video) and was very impressed with the information and approach.”—COTA Tasmania workshop participant*

*“One of the best presentations I have attended.”  
—UnitingCare Network Australia member*

*“It is an amazing project, and I was deeply moved by your presentation and have shared the materials with all our staff.”—UnitingCare Wesley CEO*

### **For further information, please contact:**

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