

There To Care AWARDS

*Celebrating excellence, respect,
compassion, and community.*



Harry

Exercise Physiology Manager
Helping Hand Wellbeing Centres

2026 First Quarter Award Recipient

Helping Hand congratulates Exercise Physiology Manager, Harry, on his recent *There to Care* Award recognising his exceptional leadership and dedication to clients.

Harry made the transition into aged care in late 2023 after working in a private practice and hospital setting. He has not looked back, particularly enjoying providing personalised care within client's homes.

His career growth has gone from strength to strength, in particular stepping into a leadership role and undertaking out of hours training to familiarise himself with new systems.

He also currently oversees a diverse, multidisciplinary team including exercise physiologists, allied health professionals, and dietitians.

"I have the opportunity to wear two different hats, I support individuals and the team to be better clinicians as well as see students into the industry and help them upskill. I really enjoy that aspect," he says.

"When I get to see clients, I feel honoured that they allow me into their homes, their safe space, and I get to build a good friendship with them."

Harry is both surprised and grateful for the award, especially as it coincided with significant change.

"I was honestly surprised by the win. Since November last year, there has been a lot of change within the aged care industry. However, a highlight has been the leadership growth that has seen us interact with parts of the organisation we normally wouldn't," he says.

Thanks, Harry, for being there to care.

There To Care Awards focus on celebrating our values of excellence, respect, compassion and community, helping us to celebrate the amazing work our people do every day.



Helping Hand