



# Support at Home Common Price List

Every two months, the Australian Government requires us to publish the most common price our clients have paid for Support at Home services. A *common price* is the price charged most often over the previous two months – not the highest or lowest. Prices can vary depending on how and where services are delivered. For full pricing, see our Support at Home Price List on our [website](#) or the My Aged Care [website](#).

This fact sheet shows Helping Hand's common prices for July to August 2026.

|                                                          | Unit                                            | Standard Hours                 | Non-Standard Hours             | Saturday      | Sunday        | Public Holiday |
|----------------------------------------------------------|-------------------------------------------------|--------------------------------|--------------------------------|---------------|---------------|----------------|
| <b>CARE MANAGEMENT</b>                                   |                                                 | Monday-Friday<br>8:30am-4:30pm | -                              | -             | -             | -              |
| Care Management                                          | 1 hour                                          | \$150                          | N/A                            | N/A           | N/A           | N/A            |
| <b>CLINICAL SUPPORT</b>                                  |                                                 |                                |                                |               |               |                |
| <b>NURSING CARE</b>                                      |                                                 | Monday-Friday<br>7:30am-6:00pm | Monday-Friday<br>6:00pm-8:30pm | 7:30am-8:30pm | 7:30am-8:30pm | 7:30am-8:30pm  |
| Registered Nurse                                         | 1 hour                                          | \$215                          | \$258                          | \$311         | \$344         | \$430          |
| Enrolled Nurse                                           | 1 hour                                          | \$180                          | \$216                          | \$261         | \$288         | \$360          |
| Nursing Assistant                                        | 1 hour                                          | \$140                          | \$168                          | \$203         | \$224         | \$280          |
| Enrolled Nurse – Medication Admin.                       | 15 mins                                         | \$90                           | \$108                          | \$130         | \$144         | \$180          |
| Nursing Supplies (Consumables)                           | Price varies depending on the product purchased |                                |                                |               |               |                |
| <b>ALLIED HEALTH &amp; THERAPEUTIC SERVICES</b>          |                                                 | Monday-Friday<br>8:30am-4:30pm | -                              | -             | -             | -              |
| Allied Health Therapy Assistant – in-home                | 1 hour                                          | \$265                          | N/A                            | N/A           | N/A           | N/A            |
| Allied Health Therapy Assistant – in-clinic              | 1 hour                                          | \$210                          | N/A                            | N/A           | N/A           | N/A            |
| Dietician or Nutritionist – in-home                      | 1 hour                                          | \$265                          | N/A                            | N/A           | N/A           | N/A            |
| Dietician or Nutritionist – in-clinic                    | 1 hour                                          | \$210                          | N/A                            | N/A           | N/A           | N/A            |
| Exercise Physiologist – in-home                          | 1 hour                                          | \$265                          | N/A                            | N/A           | N/A           | N/A            |
| Exercise Physiologist – in-clinic                        | 1 hour                                          | \$210                          | N/A                            | N/A           | N/A           | N/A            |
| Exercise Physiologist – group                            | 1 hour                                          | \$45                           | N/A                            | N/A           | N/A           | N/A            |
| Occupational Therapist – in-home                         | 1 hour                                          | \$265                          | N/A                            | N/A           | N/A           | N/A            |
| Occupational Therapist – in-clinic                       | 1 hour                                          | \$210                          | N/A                            | N/A           | N/A           | N/A            |
| Occupational Therapist – group                           | 1 hour                                          | \$45                           | N/A                            | N/A           | N/A           | N/A            |
| Physiotherapist – in-home                                | 1 hour                                          | \$265                          | N/A                            | N/A           | N/A           | N/A            |
| Physiotherapist – in-clinic                              | 1 hour                                          | \$210                          | N/A                            | N/A           | N/A           | N/A            |
| Physiotherapist – group                                  | 1 hour                                          | \$45                           | N/A                            | N/A           | N/A           | N/A            |
| Physiotherapist – hydrotherapy group                     | 1 hour                                          | \$55                           | N/A                            | N/A           | N/A           | N/A            |
| Podiatrist – in-home                                     | 1 hour                                          | \$265                          | N/A                            | N/A           | N/A           | N/A            |
| Podiatrist – in-clinic                                   | 1 hour                                          | \$210                          | N/A                            | N/A           | N/A           | N/A            |
| Social Worker – in-home                                  | 1 hour                                          | \$265                          | N/A                            | N/A           | N/A           | N/A            |
| Social Worker – in-clinic                                | 1 hour                                          | \$210                          | N/A                            | N/A           | N/A           | N/A            |
| Social Worker – group                                    | 1 hour                                          | \$45                           | N/A                            | N/A           | N/A           | N/A            |
| Speech Pathologist – in-home                             | 1 hour                                          | \$198                          | N/A                            | N/A           | N/A           | N/A            |
| <b>PERSONAL CARE</b>                                     |                                                 | Monday-Friday<br>7:30am-6:00pm | Monday-Friday<br>6:00pm-8:30pm | 7:30am-8:30pm | 7:30am-8:30pm | 7:30am-8:30pm  |
| Assistance with self-care and activities of daily living | 1 hour                                          | \$135                          | \$162                          | \$195         | \$216         | \$270          |
| Assistance with self-administration of medication        | 1 hour                                          | \$135                          | \$162                          | \$195         | \$216         | \$270          |
| Continence management (non-clinical)                     | 1 hour                                          | \$135                          | \$162                          | \$195         | \$216         | \$270          |



|                                                             | Unit                                                 | Standard Hours                               | Non-Standard Hours | Saturday      | Sunday        | Public Holiday |
|-------------------------------------------------------------|------------------------------------------------------|----------------------------------------------|--------------------|---------------|---------------|----------------|
| <b>INDEPENDENCE SUPPORT</b>                                 |                                                      |                                              |                    |               |               |                |
| SOCIAL SUPPORT & COMMUNITY ENGAGEMENT                       |                                                      | Monday-Friday<br>8:00am-6:00pm               | -                  | 8:00am-6:00pm | 8:00am-6:00pm | 8:00am-6:00pm  |
| Social Support – individual                                 | 1 hour                                               | \$135                                        | N/A                | \$195         | \$216         | \$270          |
| Social Support – group                                      | 1 hour                                               | \$40                                         | N/A                | N/A           | N/A           | N/A            |
| Accompanied Activities                                      | 1 hour                                               | \$135                                        | N/A                | \$195         | \$216         | \$270          |
| THERAPEUTIC SERVICES FOR INDEPENDENT LIVING                 |                                                      | Monday-Friday<br>8:30am-4:30pm               | -                  | -             | -             | -              |
| Remedial Massage                                            | 1 hour                                               | \$170                                        | N/A                | N/A           | N/A           | N/A            |
| HOME OR COMMUNITY GENERAL RESPITE                           |                                                      | Monday-Friday<br>8:00am-6:00pm               | -                  | 8:00am-6:00pm | 8:00am-6:00pm | 8:00am-6:00pm  |
| Flexible Respite                                            | 1 hour                                               | \$135                                        | N/A                | \$195         | \$216         | \$270          |
| <b>EVERYDAY LIVING SUPPORT</b>                              |                                                      |                                              |                    |               |               |                |
| DOMESTIC ASSISTANCE                                         |                                                      | Monday-Friday<br>9:00am-5:00pm               | -                  | -             | -             | -              |
| General House Cleaning                                      | 1 hour                                               | \$135                                        | N/A                | N/A           | N/A           | N/A            |
| Laundry Services                                            | 1 hour                                               | \$135                                        | N/A                | N/A           | N/A           | N/A            |
| Shopping Assistance                                         | 1 hour                                               | \$135                                        | N/A                | N/A           | N/A           | N/A            |
| HOME MAINTENANCE AND REPAIRS                                |                                                      | Monday-Friday<br>8:30am-4:30pm               | -                  | -             | -             | -              |
| Gardening                                                   | 1 hour                                               | \$130                                        | N/A                | N/A           | N/A           | N/A            |
| Assistance with home maintenance and repairs                | 1 hour                                               | \$130                                        | N/A                | N/A           | N/A           | N/A            |
| Expenses for home maintenance and repairs                   | Per item                                             | Price varies depending on the item purchased |                    |               |               |                |
| MEALS                                                       |                                                      | Monday-Friday<br>9:00am-5:00pm               | -                  | -             | -             | -              |
| Meal Delivery                                               | Per meal                                             | \$17                                         | N/A                | N/A           | N/A           | N/A            |
| Meal Preparation                                            | 1 hour                                               | \$135                                        | N/A                | N/A           | N/A           | N/A            |
| TRANSPORT SERVICES                                          |                                                      | Monday-Friday<br>8:00am-6:00pm               | -                  | -             | -             | -              |
| Direct Transport                                            | Per trip                                             | \$135                                        | N/A                | N/A           | N/A           | N/A            |
| Indirect Transport                                          | Per trip                                             | \$31.50                                      | N/A                | N/A           | N/A           | N/A            |
| <b>ASSISTIVE TECHNOLOGY AND HOME MODIFICATIONS</b>          |                                                      | Monday-Friday<br>8:30am-4:30pm               | -                  | -             | -             | -              |
| Assistive technology prescription and wrap around – in-home | 1 hour                                               | \$265                                        | N/A                | N/A           | N/A           | N/A            |
| Assistive technology administration costs                   | 10% of the purchase cost (up to a maximum of \$500)  |                                              |                    |               |               |                |
| Home modifications prescription and wrap around – in-home   | 1 hour                                               | \$265                                        | N/A                | N/A           | N/A           | N/A            |
| Home modifications coordination costs                       | 15% of the project cost (up to a maximum of \$1.500) |                                              |                    |               |               |                |

If you have any questions, please contact us:

Phone: 1300 444 663

Email: [homecare@helpinghand.org.au](mailto:homecare@helpinghand.org.au)