Support at Home *Common Price List*

Every two months, the Australian Government requires us to publish the most common price our clients have paid for Support at Home services. A *common price* is the price charged most often over the previous two months – not the highest or lowest. Prices can vary depending on how and where services are delivered. For full pricing, see our Support at Home Price List on our website or the My Aged Care website.

This fact sheet shows Helping Hand's common prices for September to October 2026.

	Unit	Standard Hours	Non-Standard Hours	Saturday	Sunday	Public Holiday
CARE MANAGEMENT		Monday-Friday 8:30am-4:30pm	-	-	-	-
Care Management	1 hour	$150	N/A	N/A	N/A	N/A
CLINICAL SUPPORT						
NURSING CARE		Monday-Friday 7:30am-6:00pm	Monday-Friday 6:00pm-8:30pm	7:30am-8:30pm	7:30am-8:30pm	7:30am-8:30pm
Registered Nurse	1 hour	$215	$258	$311	$344	$430
Enrolled Nurse	1 hour	$180	$216	$261	$288	$360
Nursing Assistant	1 hour	$140	$168	$203	$224	$280
Enrolled Nurse – Medication Admin.	15 mins	$90	$108	$130	$144	$180
Nursing Supplies (Consumables)	Market Price					
ALLIED HEALTH & THERAPEUTIC SERVICES		Monday-Friday 8:30am-4:30pm	-	-	-	-
Allied Health Therapy Assistant – in-home	1 hour	$155	N/A	N/A	N/A	N/A
Allied Health Therapy Assistant – in-clinic	1 hour	$130	N/A	N/A	N/A	N/A
Dietician or Nutritionist – in-home	1 hour	$265	N/A	N/A	N/A	N/A
Dietician or Nutritionist – in-clinic	1 hour	$210	N/A	N/A	N/A	N/A
Exercise Physiologist – in-home	1 hour	$265	N/A	N/A	N/A	N/A
Exercise Physiologist – in-clinic	1 hour	$210	N/A	N/A	N/A	N/A
Exercise Physiologist – group	1 hour	$45	N/A	N/A	N/A	N/A
Occupational Therapist – in-home	1 hour	$265	N/A	N/A	N/A	N/A
Occupational Therapist – in-clinic	1 hour	$210	N/A	N/A	N/A	N/A
Occupational Therapist – group	1 hour	$45	N/A	N/A	N/A	N/A
Physiotherapist – in-home	1 hour	$265	N/A	N/A	N/A	N/A
Physiotherapist – in-clinic	1 hour	$210	N/A	N/A	N/A	N/A
Physiotherapist – group	1 hour	$45	N/A	N/A	N/A	N/A
Physiotherapist – hydrotherapy group	1 hour	$55	N/A	N/A	N/A	N/A
Podiatrist – in-home	1 hour	$265	N/A	N/A	N/A	N/A
Podiatrist – in-clinic	1 hour	$210	N/A	N/A	N/A	N/A
Social Worker – in-home	1 hour	$265	N/A	N/A	N/A	N/A
Social Worker – in-clinic	1 hour	$210	N/A	N/A	N/A	N/A
Social Worker – group	1 hour	$45	N/A	N/A	N/A	N/A
Speech Pathologist – in-home	1 hour	$198	N/A	N/A	N/A	N/A
PERSONAL CARE		Monday-Friday 7:30am-6:00pm	Monday-Friday 6:00pm-8:30pm	7:30am-8:30pm	7:30am-8:30pm	7:30am-8:30pm
Assistance with self-care and activities of daily living	1 hour	$135	$162	$195	$216	$270
Assistance with self-administration of medication	1 hour	$135	$162	$195	$216	$270

	Unit	Standard Hours	Non-Standard Hours	Saturday	Sunday	Public Holiday
INDEPENDENCE SUPPORT						
SOCIAL SUPPORT & COMMUNITY ENGAGEMENT		Monday-Friday 8:00am-6:00pm	-	8:00am-6:00pm	8:00am-6:00pm	8:00am-6:00pm
Social Support – individual	1 hour	$135	N/A	$195	$216	$270
Social Support – group	1 hour	$40	N/A	N/A	N/A	N/A
Accompanied Activities	1 hour	$135	N/A	$195	$216	$270
THERAPEUTIC SERVICES FOR INDEPENDENT LIVING		Monday-Friday 8:30am-4:30pm	-	-	-	-
Remedial Massage	1 hour	$133.33	N/A	N/A	N/A	N/A
HOME OR COMMUNITY GENERAL RESPITE		Monday-Friday 8:00am-6:00pm	-	8:00am-6:00pm	8:00am-6:00pm	8:00am-6:00pm
Flexible Respite	1 hour	$135	N/A	$195	$216	$270
EVERYDAY LIVING SUPPORT						
DOMESTIC ASSISTANCE		Monday-Friday 9:00am-5:00pm	-	-	-	-
General House Cleaning	1 hour	$135	N/A	N/A	N/A	N/A
Laundry Services	1 hour	$135	N/A	N/A	N/A	N/A
Shopping Assistance	1 hour	$135	N/A	N/A	N/A	N/A
HOME MAINTENANCE AND REPAIRS		Monday-Friday 8:30am-4:30pm	-	-	-	-
Gardening	1 hour	$130	N/A	N/A	N/A	N/A
Assistance with home maintenance and repairs	1 hour	$130	N/A	N/A	N/A	N/A
Expenses for home maintenance and repairs	Per item	Market Price				
MEALS		Monday-Friday 9:00am-5:00pm	-	-	-	-
Meal Delivery	Per meal	$18.25	N/A	N/A	N/A	N/A
Meal Preparation	1 hour	$135	N/A	N/A	N/A	N/A
TRANSPORT SERVICES		Monday-Friday 8:00am-6:00pm	-	-	-	-
Direct Transport	Per trip	$135	N/A	$195	$216	$270
Indirect Transport	Per trip	$32.05	N/A	N/A	N/A	N/A
ASSISTIVE TECHNOLOGY AND HOME MODIFICATIONS		Monday-Friday 8:30am-4:30pm	-	-	-	-
Assistive technology prescription and wrap around – in-home	1 hour	$265	N/A	N/A	N/A	N/A
Assistive technology administration costs	10% of purchase costs up to a maximum of $500					
Home modifications prescription and wrap around – in-home	1 hour	$265	N/A	N/A	N/A	N/A
Home modifications coordination costs	15% of project costs up to a maximum of $1,500					

If you have any questions, please contact us:
Phone: 1300 444 663
Email: homecare@helpinghand.org.au